



Muay Thai
(kids & adults)

Brazilian Jiu-Jitsu
(kids & adults)



MMA

Karate
(kids & adults)



Schedule :

10:00 am
Doors Open

10:30 - 10:45 am
Pee Wee Traditional
Japanese Karate ages 5-7

11:00 - 11:15 am
Kids Traditional
Japanese Karate ages 8-15

11:30 - 11:45 am
Kids Muay Thai ages 8-15

12:00 - 12:30 pm
Kids Brazilian Jiu-Jitsu ages 8-14

12:45 - 1:15 pm
Adult Brazilian Jiu-Jitsu ages 15+

1:30 - 2:00 pm
Adult Muay Thai ages 16+

2:15 - 3:45 pm
Adult MMA ages 16+

**Celebrate
our 1 year
anniversary
with us!**



Open House
Sunday, November 8th
10:00 am - 5:00 pm

Free trial classes for all ages and levels



First 25 people to register receive a free t-shirt.

Door Prizes • Enrollment Discounts • Refreshments
sign up today and receive program discounts
all attendees are entered into a raffle to win a \$200 gift certificate

PLEASE CALL IN ADVANCE TO REGISTER
203.540.5020

1550 State Street, Bridgeport, CT 06605
www.thecentermartialarts.com

Our Partners

